

# Narcan (Naloxone) Training at BIHS

Are you interested in helping a safe a life? BIHS is offering Narcan training to individuals interested in learning how to administer this life saving product to suspected people who are **overdosing from an Opioid**. You can complete this brief training in our computer room at BIHS. You can learn at your own individual pace or with a group. This training lasts approximately 15 minutes. Once you have completed the training, you will receive a box of Narcan which contains 2 Narcan (Naloxone) nasal sprays to take home.

BIHS also provides Narcan training in conjunction with CPR, First Aid and AED classes.

## What is Narcan Nasal Spray, Naloxone?

Naloxone is a medication approved by the Food and Drug Administration (FDA) to prevent **overdose by opioids such as heroin, morphine, and oxycodone**. It blocks opioid receptor sites, reversing the toxic effects of the overdose. Naloxone is administered when a person is showing signs of opioid overdose. The medication can be given by a nasal spray.

## Recognizing Opioid Overdose-

An opioid overdose happens when the body has been overloaded with either a medication or an illicit drug. Because they affect the part of the brain that controls breathing, if opioid levels in your blood are too high, your breathing can slow down to dangerous levels which could cause death.

## Symptoms of Overdose:

1. Unusual sleepiness/unresponsiveness
2. Slow or absent breathing
3. Slow heartbeat or low blood pressure
4. Skin feels cold and clammy
5. Pupils are tiny
6. Nails and lips are blue



**If you suspect and overdose administer Narcan Nasal Spray immediately**  
**Get emergency medical help right away after giving the first dose of NARCAN® Nasal Spray & CALL 911**

**Rescue breathing or CPR (cardiopulmonary resuscitation) may be given while waiting for emergency medical help.**