

Greetings from the BIHS Health Office



Manahuu BIHS Families

September

I would like to start by saying *welcome everyone* to the Bishop Indian Head Start Program. My name is Amanda (Mandy) Miloradich. I am **honored** to be the mother of Jarid, a Bishop Paiute Tribal Member. I am currently the Health Manager/Assistant Director at BIHS. I have been employed for the Bishop Paiute Tribe for 24 years. My employment began in the early 90's at the Bishop Indian Education Center. I was a multi subject tutor for youth ranging from 1st grade to 12th grade and a transportation services provider. I also taught the Math, Science and Engineering Program (MESA). My employment continued at the Education Center until 10 days before the birth of son.

I am so **PROUD** to say I am a past Head Start volunteer, parent and currently 17 year Head Start employee. While employed at BIHS I obtained my AA from Cerro Coso in Liberal Arts/Social & Behavior Science, CA Teacher Assistant Permit, Child Passenger Safety Technician/Proxy certification (car seat installer/educator), Emergency Medical Technician Certification and certified CPR, AED, First Aid instructor through the American Heart Association. As the BIHS Health Manger, I would like to let you all know that your child's health is of the up most importance! Here are some of the health services that can be provided to your child and family:

Amanda Miloradich
Health Manager/Assistant Director
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My son and I on the BIHS Float for the California Indian Days Parade 2005.

- ◆ New car seats for BIHS families in need, installation & education provided, free of charge
- ◆ Face hygiene masks for children and adults in immediate need
- ◆ Thermometers for children to have at home so that their body temperatures can be taken Touchless thermometers (Coming soon!)
- ◆ Carbon Monoxide (Co2 detector)/Smoke Alarm (Coming soon!)
- ◆ First Aid Kits (Coming soon!)
- ◆ **Health Advisory/Nutrition Committee– We need your participation BIHS parents! This is your program!**
- ◆ CPR,AED, First Aid American Heart Association training (2 year certification) free of charge for BIHS families
- ◆ Assist families in locating health insurance and medical/dental homes so that your child has an ongoing source of care
- ◆ Band-Aids and antiseptic wipes for boo boos
- ◆ Blood Pressure screening
- ◆ Body temperature screening
- ◆ Hearing & vision screening
- ◆ Narcan education and distribution
- ◆ Administration of medication (required form must be completed by a physician)

Important Date -

All required enrollment paperwork must be submitted to BIHS

Before **October 22**

Please have your child's:

Physical

Dental Screening

Immunizations

Up to date for this year



Bishop Indian Head Start

Physical Address: 405 North Barlow Lane/ Mailing Address: 50 Tu Su Lane
Bishop, CA 93514

Telephone : (760) 872-3911 Health Office Extension 2520

Fax: (760) 582-4291



We have a drop box at the front door of BIHS

